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| **Course Description:** | Students will become familiar with the sports of Basketball, Indoor Soccer, Hand Ball, Indoor Kick Ball, Indoor Whiffle Ball or several other Indoor Sports and activities. Students will also complete the requirements for the Fitness Gram Physical Fitness Test.  Additional information for this course can be found on the Alabama Department of education website. <https://web.alsde.edu/general/HPE_2009_AL_Course_of_Study_Physical_Education.pdfards>. |
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| **Course Objectives:** |  |
|  | Learn the fundamentals and basic rules of several Indoor Sports and activities while being physically active. |
| **Classroom Expectations:** | Classroom Rules and Procedures:   * Get dressed out (6th graders dress first 5 minutes, then 7th/8th) * Call Roll * Jog, stretch, plyometrics, agilities * Sport being taught or activity * Dress back in (10 min.)  1. Every student is required to dress out every day in a DMS PE Uniform. Clothing worn to school is not allowed to be worn in P.E. and clothing worn in P.E. is not allowed to be worn in regular classes. 2. Athletic shoes with socks are required. Deck shoes are not athletic shoes. 3. P.E. clothing should be laundered on a regular basis for proper hygiene. 4. All personal items should be locked in a locker during class. 5. All students must change clothing in the dressing room. Changing in the bathroom is not permitted. 6. Students must wear clothing as it is intended to be worn. All shorts and sweats must be worn at the waist. Sagging will not be allowed or rolling up of the shorts or shirts. 7. Students are not allowed into the equipment closet at any time. Equipment must be issued by a teacher. 8. Students should not use any equipment in the in the gym or on the playing field until given instruction to do so. 9. NO food or drinks are allowed in the gym. 10. NO chewing gum at any time. 11. NO horseplay at any time. 12. NO one is allowed to enter the dressing room without permission from a teacher. 13. Students must obtain permission to enter the restroom after the beginning of class. 14. Students must obtain permission from a teacher before leaving the gym area. 15. Respect all others and their belongings at all times. 16. Foul language will not be tolerated! 17. NO cell phones are to be out for any reason while in the dressing rooms or in gym class.   Accommodations:  Requests for accommodations for this course or any school event are welcomed from students and parents.  Concerning laptop utilization:  1. Student laptops should not be hard wired to the network or have print capabilities.  2. Use of discs, flash drives, jump drives, or other USB devices will not be allowed on Madison City computers.  3. Neither the teacher, nor the school is responsible for broken, stolen, or lost laptops.  4. Laptops and other electronic devices will be used at the individual discretion of the teacher. |
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| **Grading Policy:** | Test grades will account for 60% of the 9-weeks grade, with the remaining 40% being determined by quiz/daily grades. The grading scale is as follows: A (90-100), B (80-89), C (70-79), D (65-69), and F (below 65). Grades will be a reflection of mastery of the standards. Make sure all absences are excused as class work can be made up and graded for excused absences only.  Grading is based on daily class involvement to include dressing out, participation, cooperation and assignments. Students may earn 20 points daily (15 points for participation, cooperation, and assignments and 5 points for dressing out) which total 100 points per week. Only tennis shoes are allowed on the gym floor. If students do not wear the appropriate shoes, they will receive a zero for their daily grade. Students must wear full uniform (shirt and shorts) in order to possibly receive daily 5 points for dressing out. If a student deliberately chooses not to dress out, they will lose their daily 5 points depending on the practical ability to participate in what they are wearing. In INOW when you view your gradebook, codes such as ABS(absent) or EX (exempt) will appear as “0” when you are using your cellular device and possible have miscalculation. However, when you view your grades on your desktop or laptop, students grades will show proper calculation and coding appearing. |
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| **Make-up Test Policy:** | N/A |
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| **Textbook:** | *None* |
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| **Materials and Supplies Needed:** | DMS PE Uniform/Tennis Shoes |
| **Course Outline:** | The 9 week class will look like the following:  Basketball  Hand Ball  Indoor Soccer  Several other Indoor Sports/Activities will be covered as well.  Fitness Testing |
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