

Madison City Schools

211 Celtic Drive

Madison, AL 35758

Dear Parent/Guardian,

As part of the Alabama Course of Study: Health Education, the 5th grade students will be attending a class on maturation and puberty. The class is only offered during the spring term of 5th grade. There will be separate classes for the boys and girls taught by Madison City Schools Nurses. The topics will include physical and emotional maturation and hygiene.

Each class will view a video discussing the “growing up” process as seen through the eyes of young people. There are separate videos for boys and girls by Proctor and Gamble’s Puberty Education Program: *Always Changing and Growing Up.*

**Please indicate your preference in the appropriate space below and return the form below to your child’s teacher no later than the class date.**

If you would like to view this video before this class, please contact the counselor at your child’s school.

Sincerely,

Becky Tucker, BSN, RN, NCSN

System Supervising Nurse

Madison City Schools

rktucker@madisoncity.k12.al.us

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\_\_\_\_\_ Yes, my child may attend the 5th grade Maturation/Puberty Class.

\_\_\_\_\_ No, my child may not attend the 5th grade Maturation/Puberty Class.

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Child’s Name Teacher

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Parent/Guardian Date