



# The Great Kindness Challenge

**CES Dress Up Days  
January 22-26, 2024**

**M**

**Powered by Kindness!  
(Wear Superhero Attire)**

**\*Daily Challenge: Compliment 10 People\***

**T**

**Never too Old For Kindness!**  
(100th day of school - Dress like you're 100 years old)

**\*Daily Challenge: Pick up Trash and Throw it Away\***

**W**

**We LOVE Kindness!**  
(Wear Red, Pink, or Hearts)

**\*Daily Challenge: Wave at Someone New\***

**T**

**Be Comfortable being Kind!**  
(Wear Comfy Clothes)

**\*Daily Challenge: Volunteer to do Something for a  
teacher or friend\***

**F**

**Kindness is the Columbia Way!**  
(Wear CES Spiritwear)

**\*Daily Challenge: Tell a Joke and Make Someone  
Laugh\***