

JCHS Dance Team Tryouts

4/3-5/2022

To provide the safest environment for our dancers, ensure adequate spacing, and follow all recommended guidelines, our clinic and tryout will be held in the auxiliary gym at JCHS. Instructors will teach an assigned section of the routine and rotate to all groups to ensure every dancer learns each section of the dance by the same instructor. Dancers are required to bring their own water bottles.

Sunday, April 3, 2022

Clinic @ 3:00 pm - 5:00pm
James Clemens High School
Auxiliary Gym

Monday, April 4, 2022

Clinic @ 3:45pm- 5:00pm
James Clemens High School
Auxiliary Gym

Tuesday, April 5, 2022

Tryouts @ 4pm- till finished
James Clemens High School
Auxiliary Gym

If you plan to try out, please complete the interest form below. This will allow us to have a headcount of dancers trying out, as well as communicate tryout information reminders through the emails provided.

<https://forms.gle/AKoGjzD8EtNv2f2h6>

You must have 4 teacher evaluations, please send the link (<https://forms.gle/AuF76rgtKcZZ2N4Q7>) to your teachers. You must print out and bring your signed application and proof of insurance to Coach Courtney before or on the first day of the clinic to be able to participate.

Dancers will receive their tryout number on the first clinic day. On tryout day, dancers can arrive at 3:30pm to warm up and be prepared for tryouts to start promptly at 4:00 pm. Dancers must stay until tryouts are completely over. The team will be posted on the dance team Instagram @jchsblueangels on Tuesday evening by 9pm.

As always, please email me if you have any questions: rscourtney@madisoncity.k12.al.us

James Clemens High School Varsity Dance Team

The Blue Angels

Sunday, April 3, 2022

Clinic @ 3:00-5:00pm
James Clemens High School
Auxiliary Gym

Monday, April 4, 2022

Clinic @ 3:45pm-5:00pm
James Clemens High School
Auxiliary Gym

Tuesday, April 5, 2022

Tryouts @ 4pm till finished
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Candidate Requirements

- Attendance at dance clinic and tryout day
- Completed Application/Agreement
- ALL forms submitted on DragonFly (Participant Agreement, Concussion Information, Preparticipation Physical Evaluation Form, Physical Examination, Release of Liability, Madison City Insurance Form)*
- Teacher evaluation forms (4)-- provide/email teachers link to complete via Google form: <https://tinyurl.com/JCDance20>
- 70 or above average of classes

***ALL DragonFly forms must be submitted by Thursday, March 31. Completed and signed applications must be turned in on the first day of the clinic to participate.**

Try Out Apparel

- Must wear a black tank/leotard, sports bra, black shorts (hot shorts are acceptable), and tights.
- Bring jazz shoes on clinic days. Jazz shoes will be worn for the entire tryout on Tuesday.
- Please be sure to dress appropriately for the clinic and tryouts. You are being evaluated during the clinic so be sure to have your number on you at all times (this will be distributed on Monday).
- Hair must be pulled up. No gum or **jewelry!**

Tryout Evaluations

- **Routine:** Consists of Pom motions, Jazz technique, and Hip Hop style with Improv at the end
- **Turns:** Triple Pirouette, Two 8-Counts turns in Second with a double pirouette (*must begin with the two 8-counts turns in second and end with a double pirouette-may do a different style of turns in between*)
- **Jumps/Leaps:** Grande Jete Leap, Firebird Leap, Toe Touch,
- **HipHop Tricks:** Kip up, Headspring
- **Optional Trick:** Dancers are encouraged to showcase a skill of choice (HipHop trick or Jump/Leap/Turns)
- Individuals will be evaluated on teacher evaluations, discipline, technical skills, and performance of the routine.

Important Information

- The varsity team will be made up of girls in grades 9-12. The number of spaces on the team each year is not set. Girls will be placed on the team in competition routines based on their skill level.
- Judges will evaluate each girl and choose the team. **All decisions are final.**
- Alternates may be chosen at tryouts. This includes alternates for our competition pom routine, competition hip hop routine, or both. Alternates will perform camp dances with the Blue Angels at Football and Basketball games and will learn the competition routine in the case of an injury or other complication by a non-alternate dancer. (If an alternate decides to forgo the opportunity, they should let the coach know before UDA camp and will result in removal from team membership).
- Members must not be participating/involved in any other fall/spring sports that overlap with practice/ performance times.

JCHS Dance Team Regulations

This list is for participants that are chosen for the dance team. Please be sure you and your child are willing to comply. A more detailed constitution will be provided for members to read and sign after tryouts.

- Spring and Summer Practice Dates/ Camp (parents are responsible for transportation)
 - Friday, April 8 at 3:30 → Varsity fitting in room H105
 - Camp Practices @ JCHS → TBD
 - Tuesday, May 31- Friday, June, 3 → UDA Camp at Mississippi State
 - Practices will start back up the week before school starts. The schedule will come later
- Must compete at all scheduled competitions- no exceptions.
 - Dates coming soon. Typically starting in November.

- Must maintain a 70 average in classes. Coach reviews progress reports and report cards.
- Must attend all performances, games, and other scheduled activities. Other activities or jobs may not interfere with dance team obligations without prior permission. If students are absent due to illness, they should provide a doctor's excuse.
- Dancers will have fourth block class during the fall & spring semester. After school practices will be Tuesday/Thursday until 4:45 in the fall, and Tuesday/Thursday until 5:30 in the spring semester until competition. Extra/longer practices will be scheduled after school on Mondays, Wednesdays, Fridays, or Sunday closer to competitions or when competition choreographers come.
- Must not leave early or arrive late to any practice or performance, unless excused by the coach. Must be at least 24 hours notice.
- Must meet deadlines (turning in money, forms, etc.)
- Must wear the correct practice uniform and hair must be pulled back. No jewelry, watches, extra piercings during practices, performances or competitions. No colored fingernail polish for performances or competition.
- Inappropriate behavior at school, on social media, performance, activity, or any other time you are representing the school or this team will not be tolerated.
- Any member who misses two performances will be dismissed from the team unless it is excused by a doctor's note or a death in the family. If you are dismissed from the team you will be placed in a regular PE class and will forfeit all monies paid for trips and competitions.
- A demerit system will be in effect this year to ensure members comply with team rules/expectations. This will be further discussed at the parent/member meeting and detailed in the constitution.

All decisions of coaches, athletic director, and principal are final. Failure to comply with any of the rules may result in dismissal.

Approximate Expenses for Members

Below is a tentative price list for 2022-2023 Varsity Dance Team. All travel expenses are the direct responsibility of the individual dance team member/family. Not all apply to returning members.

\$50	Course Fee
\$400	Practice uniforms/camp clothes
\$400-500	Performance Uniforms (competition, football, basketball)
\$75	Poms
\$225	Shoes – Tennis & 2 pairs of performance/practice shoes
\$50	Sweatshirt
\$60	T-Shirts
\$75	Duffle bag/backpack
\$200	Warm up
\$40	Performance Jewelry, makeup, rhinestones
\$400+	UDA Camp
\$450+	Choreography
\$1300+	Nationals registration and airfare or dance trip for classes/performances

- New members are encouraged to ask graduating dancers to purchase their uniforms, poms, and accessories.
- Fundraisers will be done to help offset costs. All fundraising money must be used for required team purchases or competitions. Funds cannot be used for family members or personal orders.
- Expenses for alterations of uniforms are the responsibility of the parents.

James Clemens High School Dance Team Application

Name _____ Grade: _____ Current School: _____

Dancer cell number: _____ Dancer email: _____

Number of years on school dance team: _____ Number of years taken dance: _____ Studio: _____

Parent/Guardian Name(s): _____

Home address: _____

Parent Cell Numbers: _____

Parent Email address: _____

Emergency contact/number (other than parent): _____

Medications student takes/allergies/medical conditions: _____

What contributions do you think you can make to the James Clemens Dance Team?

Why do you want to be a member of the James Clemens Dance Team?

JCHS Dance Team Parent / Participant Agreement - Tryouts

I have read the rules and regulations of the James Clemens Dance Team and understand that I will be expected to comply if I am chosen to be a member of the team. I will accept all results of tryouts and understand that all decisions made are final. This parent/guardian signature serves as your permission for your child to try out for the dance team.

Signature of Participant

Date

Signature of Parent / Guardian

Date

