

# Base Menu Spreadsheet

## Weighted Values

May 2, 2022 thru May 25, 2022

**Menu Name:** Elementary Lunch Menu

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 05/02/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900524 Chicken, Patty brd whole muscl	patty	1	17.00
000786 Chicken Patty, spicy NK786	1 Patty	1	1.96
000585 Hamburger Bun, WW	Bun	1	29.37
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900590 Fries, French 3/8" crkl cut	1/2 cup	1	14.89
900479 Broccoli Florets, stmd	1/2 Cup	1	3.84
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
Weighted Daily Average			185.12
% of Calories			43.2%
Weekly Nutrient Guideline			

### Tuesday - 05/03/2022

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

May 2, 2022 thru May 25, 2022

	Portion Size	Reimb Qty	Carb (g)
000305 Nachos w/ Beef NK305	1 Serving	1	0.68
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
900455 Beans, Refried, Vegetarian	1/2 cup	1	18.27
000677 Lettuce/Tomato/Salsa	1 Portion	1	5.07
001016 Cheese, Shrd. Chedd USDA	1 ounce	1	0.36
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			167.12
% of Calories			54.5%
Weekly Nutrient Guideline			

**Wednesday - 05/04/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000108 BBQ Pork Sandwich-USDA-NK108	4 oz. Serving	1	29.37
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
000866 Potato Wedges, seasoned NK866	1/2 Cup	1	23.75
000016 Baked Beans	1/2 Cup	1	37.40

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900157 Cole Slaw, Creamy - NK900157	1/2 Cup	1	10.85
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
<b>Weighted Daily Average</b>			<b>309.48</b>
<b>% of Calories</b>			<b>57.1%</b>
<b>Weekly Nutrient Guideline</b>			

**Thursday - 05/05/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900219 Deli Croissant, turkey	1 Sandwich	1	14.13
001089 Deli Croissant, ham	1 Sandwich	1	14.21
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900545 Chips, Doritos Nacho Cheese	1 Bag	1	20.00
000406 Pasta Salad 3/4 C- NK406	3/4 CUP	1	22.22
900259 Lettuce and Tomato	1 lf, 2 slc	1	1.11
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49

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May 2, 2022 thru May 25, 2022

	Portion Size	Reimb Qty	Carb (g)
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			173.53
% of Calories			45.0%
Weekly Nutrient Guideline			

**Friday - 05/06/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000280 Pizza - Mexican Fiestada	1 Slice	1	41.00
000721 Pizza, Cheese 4x6	1 Slice	1	32.01
000278 Pizza, Pepperoni 4x6	1 Slice	1	30.00
900884 Pepperoni Calzone	1 calzone	1	33.00
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900561 Corn, WK FRZ	1/2 cup	1	21.35
000738 Tossed Salad (1 Cup)	1 Serving	1	11.63
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49

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## Weighted Values

May 2, 2022 thru May 25, 2022

	Portion Size	Reimb Qty	Carb (g)
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			287.04
% of Calories			45.8%
Weekly Nutrient Guideline			

**Monday - 05/09/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900099 Cheese Sticks, brd (2)	2 Sticks	1	32.00
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900389 Sweet Potato Fries	1/2 Cup	1	16.00
000424 Green Beans, cnd	1/2 Cup	1	5.86
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
Weighted Daily Average			261.97
% of Calories			55.3%
Weekly Nutrient Guideline			

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## Weighted Values

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**Tuesday - 05/10/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000585 Hamburger Bun, WW	Bun	1	29.37
000941 Hamburger Patty,all beef	1 Burger	1	30.07
900098 Cheese Slices (2) - NK900098	1 Slice	1	1.01
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900591 French Fries-straight NK900591	1 Serving-16 pc	1	16.00
900479 Broccoli Florets,stmtd	1/2 Cup	1	3.84
900260 Lettuce and Tomato	Portion	1	1.55
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			199.91
% of Calories			45.1%
Weekly Nutrient Guideline			

**Wednesday - 05/11/2022**

**Reimbursable Meal Total 1**

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## Weighted Values

May 2, 2022 thru May 25, 2022

	Portion Size	Reimb Qty	Carb (g)
000718 Chicken Tenders (K-8) NK718	3 tenders	1	23.71
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900726 Potatoes, Mashed	1/2 cup	1	17.00
900479 Broccoli Florets, stmd	1/2 Cup	1	3.84
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			162.61
% of Calories			44.4%
Weekly Nutrient Guideline			

**Thursday - 05/12/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000688 Hot Dog Bun, White Wheat	1 Hotdog	1	23.68
900615 Hot Dog, beef, no bun	hot dog	1	1.00
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900591 French Fries-straight NK900591	1 Serving-16 pc	1	16.00
000261 Carrots, buttered,	1/2 Cup	1	7.17

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## Weighted Values

1/2 cup			
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
Weighted Daily Average			255.96
% of Calories			53.8%
Weekly Nutrient Guideline			

### Friday - 05/13/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000280 Pizza - Mexican Fiestada	1 Slice	1	41.00
000721 Pizza, Cheese 4x6	1 Slice	1	32.01
000278 Pizza, Pepperoni 4x6	1 Slice	1	30.00
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900561 Corn, WK FRZ	1/2 cup	1	21.35
000738 Tossed Salad (1 Cup)	1 Serving	1	11.63
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49



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## Weighted Values

May 2, 2022 thru May 25, 2022

	Portion Size	Reimb Qty	Carb (g)
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			254.04
% of Calories			45.4%
Weekly Nutrient Guideline			

**Monday - 05/16/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000384 Ham & Cheese Croissant K-6	1 Sandwich	1	18.22
000674 Grilled Cheese Sand-Grade 7-12	1 Sandwich	1	27.01
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900389 Sweet Potato Fries	1/2 Cup	1	16.00
900059 Black Eye Peas, cnd	1/2 Cup	1	23.27
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49

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## Weighted Values

May 2, 2022 thru May 25, 2022

	Portion Size	Reimb Qty	Carb (g)
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			292.61
% of Calories			55.9%
Weekly Nutrient Guideline			

**Tuesday - 05/17/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000118 Spaghetti, baked-NK118	1 Cup	1	48.02
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900607 Green Beans, cnd 1/2 Cup K607	1/2 cup	1	6.00
000173 Garlic Toast WG (1) - NK173	1 Slice	1	5.00
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000214 Carnival Cookie - NK214	1 Cookie	1	17.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			194.08
% of Calories			42.2%
Weekly Nutrient Guideline			

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Weighted Values

May 2, 2022 thru May 25, 2022

## Wednesday - 05/18/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900886 Pull-Apart Cheese Filled Italian	109g	1	32.00
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
000866 Potato Wedges, seasoned NK866	1/2 Cup	1	23.75
900662 Mixed Vegetables, canned	1/2 cup	1	7.91
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000019 Brownie, whole grain, wrapped	1 Brownie	1	21.99
Weighted Daily Average			293.77
% of Calories			58.2%
Weekly Nutrient Guideline			

## Thursday - 05/19/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000775 BBQ Chicken Sand-USDA-NK775	EACH	1	34.17
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37

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000016 Baked Beans	1/2 Cup	1	37.40
900479 Broccoli Florets, stmd	1/2 Cup	1	3.84
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
Weighted Daily Average			193.47
% of Calories			52.3%
Weekly Nutrient Guideline			

**Friday - 05/20/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000280 Pizza - Mexican Fiesta	1 Slice	1	41.00
000721 Pizza, Cheese 4x6	1 Slice	1	32.01
000278 Pizza, Pepperoni 4x6	1 Slice	1	30.00
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900561 Corn, WK FRZ	1/2 cup	1	21.35
000738 Tossed Salad (1 Cup)	1 Serving	1	11.63
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

Weighted Daily Average			254.04
% of Calories			45.4%
Weekly Nutrient Guideline			

### Monday - 05/23/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000585 Hamburger Bun, WW	Bun	1	29.37
000941 Hamburger Patty,all beef	1 Burger	1	30.07
900098 Cheese Slices (2) - NK900098	1 Slice	1	1.01
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900591 French Fries-straight NK900591	1 Serving-16 pc	1	16.00
900607 Green Beans, cnd 1/2 Cup K607	1/2 cup	1	6.00
900260 Lettuce and Tomato	Portion	1	1.55
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			202.06
% of Calories			45.4%
Weekly Nutrient Guideline			

# Base Menu Spreadsheet

Weighted Values

May 2, 2022 thru May 25, 2022

## Tuesday - 05/24/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900883 Pizza Cruncher	4 oz	1	41.00
000626 SB & J Sand. (2)	2 Sandwiches	1	65.37
900560 Corn, Whole Kernel	1/2 cup	1	16.33
000549 Carrots w/ Dip - NK065 (K-8)	1/2 Cup	1	5.84
000249 Fruit, assorted (1/2 C) NK249	1/2 Cup	1	16.20
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			181.23
% of Calories			47.3%
Weekly Nutrient Guideline			

## Wednesday - 05/25/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900219 Deli Croissant, turkey	1 Sandwich	1	14.13
001089 Deli Croissant, ham	1 Sandwich	1	14.21
900545 Chips, Doritos Nacho Cheese	1 Bag	1	20.00
900092 Carrots, baby, raw (K-5)	1/2 Cup	1	5.84

# Base Menu Spreadsheet

## Weighted Values

000263 Fruit or Juice	1/2 Cup	1	15.95
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			106.62
% of Calories			52.5%
Weekly Nutrient Guideline			

			Carb (g)
Weighted Averages			220.81
% of Calories			49.3%

- \*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \* - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup> - denotes required nutrient values
- <sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**