

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

**Menu Name:** K-12 Breakfast Menu

**Include Cost:** No

**Site:**

**Report Style:** Detailed

**Monday - 04/03/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000793 Mini Cinnis, Pillsbury (NK793)	Package	1	38.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55

# Base Menu Spreadsheet

## Weighted Values

	Portion Size	Reimb Qty	Carb (g)
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			450.82
% of Calories			75.6%
Weekly Nutrient Guideline			

**Tuesday - 04/04/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000923 French Toast Minis, choc. chip	1 Bag	1	36.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40

# Base Menu Spreadsheet

## Weighted Values

000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			448.82
% of Calories			76.2%
Weekly Nutrient Guideline			

**Wednesday - 04/05/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000970 Pizza, Sausage, Breakfast, WG, bulk	1 Slice	1	27.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all	2 Bars	1	59.40

# Base Menu Spreadsheet

## Weighted Values

flavors (2)			
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			439.82
% of Calories			74.7%
Weekly Nutrient Guideline			

Thursday - 04/06/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900678 Pancakes, WG, 4" Bulk	2 Pancakes	1	31.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars.	2 Bars	1	59.40

# Base Menu Spreadsheet

## Weighted Values

Cereal based WG, IW all flavors (2)			
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			443.82
% of Calories			76.3%
Weekly Nutrient Guideline			

**Friday - 04/07/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000728 Sausage n' WG Biscuit (NK728)	1 WG	1	23.43
000390 Egg & Cheese Biscuit	1 Sandwich	1	30.57
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00

# Base Menu Spreadsheet

## Weighted Values

000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			481.32
% of Calories			65.8%
Weekly Nutrient Guideline			

**Monday - 04/10/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900927 Cinnamon Toast Crunch bar, Soft Filled	bar	1	41.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry	each	1	26.00

# Base Menu Spreadsheet

## Weighted Values

WG			
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			529.37
% of Calories			77.5%
Weekly Nutrient Guideline			

**Tuesday - 04/11/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000593 Cinnamon Bun, WG, wrapped	1 Bun	1	25.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15

# Base Menu Spreadsheet

## Weighted Values

900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			437.82
% of Calories			74.0%
Weekly Nutrient Guideline			

Wednesday - 04/12/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000970 Pizza, Sausage, Breakfast, WG, bulk	1 Slice	1	27.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15



# Base Menu Spreadsheet

## Weighted Values

900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			439.82
% of Calories			74.7%
Weekly Nutrient Guideline			

Thursday - 04/13/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900962 Waffles, bulk	2 waffles	1	30.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin. Apple WG	each	1	19.15

# Base Menu Spreadsheet

## Weighted Values

900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			442.82
% of Calories			76.2%
Weekly Nutrient Guideline			

### Friday - 04/14/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000728 Sausage n' WG Biscuit (NK728)	1 WG	1	23.43
000390 Egg & Cheese Biscuit	1 Sandwich	1	30.57
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			481.32
% of Calories			65.8%
Weekly Nutrient Guideline			

### Monday - 04/17/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000793 Mini Cinnis, Pillsbury (NK793)	Package	1	38.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat,	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

Purity			
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			450.82
% of Calories			75.6%
Weekly Nutrient Guideline			

**Tuesday - 04/18/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000923 French Toast Minis, choc. chip	1 Bag	1	36.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78

# Base Menu Spreadsheet

## Weighted Values

000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			448.82
% of Calories			76.2%
Weekly Nutrient Guideline			

**Wednesday - 04/19/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000970 Pizza, Sausage, Breakfast, WG, bulk	1 Slice	1	27.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst	4 oz	1	14.78

# Base Menu Spreadsheet

## Weighted Values

4 oz			
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			439.82
% of Calories			74.7%
Weekly Nutrient Guideline			

**Thursday - 04/20/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900678 Pancakes, WG, 4" Bulk	2 Pancakes	1	31.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89

# Base Menu Spreadsheet

## Weighted Values

900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			443.82
% of Calories			76.3%
Weekly Nutrient Guideline			

**Friday - 04/21/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000728 Sausage n' WG Biscuit (NK728)	1 WG	1	23.43
000390 Egg & Cheese Biscuit	1 Sandwich	1	30.57
900919 Asst Fruit, Fresh	1/2 cup	1	20.70

# Base Menu Spreadsheet

## Weighted Values

900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
000716 Yogurt Parfait (PreK-8) w/ Granola	1 Parfait	1	90.05
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			481.32
% of Calories			65.8%
Weekly Nutrient Guideline			

**Monday - 04/24/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900927 Cinnamon Toast Crunch bar, Soft Filled	bar	1	41.00
900919 Asst Fruit. Fresh	1/2 cup	1	20.70



# Base Menu Spreadsheet

## Weighted Values

900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			529.37
% of Calories			77.5%
Weekly Nutrient Guideline			

**Tuesday - 04/25/2023**

**Reimbursable Meal Total 1**

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
000593 Cinnamon Bun, WG, wrapped	1 Bun	1	25.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			437.82
% of Calories			74.0%
Weekly Nutrient Guideline			

Wednesday - 04/26/2023

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
000970 Pizza, Sausage, Breakfast, WG, bulk	1 Slice	1	27.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			439.82
% of Calories			74.7%
Weekly Nutrient Guideline			

Thursday - 04/27/2023

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

	Portion Size	Reimb Qty	Carb (g)
900962 Waffles, bulk	2 waffles	1	30.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900254 Juice, Variety, Asst 4 oz	4 oz	1	14.78
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900663 Muffin, Apple WG	each	1	19.15
900664 Muffin, Banana, WG	each	1	28.00
900665 Muffin, Blueberry WG	each	1	26.00
000825 Cereal Bars, Nutrigrain, all flavors (2)	2 Bar	1	45.23
900094 Cereal Bars, Cereal based WG, IW all flavors (2)	2 Bars	1	59.40
000943 Cereal variety (1) - NK943	2 oz bowl	1	35.80
900931 Breakfast Yogurt Parfait w/Froot Loops	1 Parfait	1	75.55
000609 Pop Tart (2)	2 Pastries	1	35.82
Weighted Daily Average			442.82
% of Calories			76.2%
Weekly Nutrient Guideline			

Weighted Values

Apr 3, 2023 thru Apr 28, 2023

			Carb (g)
Weighted Averages			458.43
% of Calories			73.8%

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.