

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

**Menu Name:** Elementary Lunch Menu

**Include Cost:** No

**Site:**

**Report Style:** Detailed

**Monday - 04/03/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900615 Hot Dog, beef, no bun	hot dog	1	1.00
000688 Hot Dog Bun, White Wheat	1 bun	1	23.68
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
900325 Potato Rounds	1/2 C	1	25.40
000016 Baked Beans	1/2 Cup	1	30.96
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
Weighted Daily Average			271.11
% of Calories			57.0%
Weekly Nutrient Guideline			

**Tuesday - 04/04/2023**

**Reimbursable Meal Total 1**

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900886 Pull-Apart Cheese Filled Italian Bread	109g	1	32.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
900479 Broccoli Florets, stmd	1/2 Cup	1	5.34
000261 Carrots, buttered, 1/2 cup	1/2 Cup	1	7.17
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			234.57
% of Calories			56.2%
Weekly Nutrient Guideline			

**Wednesday - 04/05/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
000585 Hamburger Bun, WW	Bun	1	29.37
000626 SB & J Sand. (2)	Sandwiches	1	28.00

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## Weighted Values

900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
900591 French Fries-straight	1/2 Cup	1	26.56
900059 Black Eyed Peas, canned	1/2 Cup	1	22.37
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			277.36
% of Calories			58.2%
Weekly Nutrient Guideline			

**Thursday - 04/06/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900376 Steak Nuggets	8 nuggets	1	16.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000275 Macaroni and Cheese	2/3 CUP	1	20.44
000424 Green Beans, cnd	1/2 Cup	1	5.37
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70

# Base Menu Spreadsheet

## Weighted Values

000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			231.87
% of Calories			47.0%
Weekly Nutrient Guideline			

**Friday - 04/07/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000721 Pizza, Cheese, 4x6, WG	1 Slice	1	32.01
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
900702 Pizza, Pepperoni 4x6 rectangle	pizza	1	33.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
000328 Corn, frz, 1/2 Cup	1/2 Cup	1	18.79
001098 Spinach Salad, bulk	8 oz	1	1.88
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49

# Base Menu Spreadsheet

## Weighted Values

	Portion Size	Reimb Qty	Carb (g)
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
Weighted Daily Average			263.77
% of Calories			49.8%
Weekly Nutrient Guideline			

### Sunday - 04/09/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			88.98
% of Calories			63.3%
Weekly Nutrient Guideline			

### Monday - 04/10/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000963 CHICKEN BITES, WG BRD (6)	6 EACH	1	21.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
000866 Potato Wedges, seasoned	1/2 Cup	1	30.57
000424 Green Beans, cnd	1/2 Cup	1	5.37

# Base Menu Spreadsheet

## Weighted Values

900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			247.00
% of Calories			53.4%
Weekly Nutrient Guideline			

**Tuesday - 04/11/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900364 Sloppy Joe on a Bun	1 Sandwich	1	37.43
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900590 Fries, French 3/8" crkl cut	1/2 cup	1	13.16
900934 5-Way Mixed Vegetable	.5 cup	1	11.24
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98

# Base Menu Spreadsheet

## Weighted Values

Weighted Daily Average			251.89
% of Calories			58.4%
Weekly Nutrient Guideline			

**Wednesday - 04/12/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900176 Chili Crisпитos, Chicken, WG, w/cheese sauce	2 crispito	1	40.55
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900011 Pinto Beans, (cheesy)	1/2 Cup	1	19.85
900097 Cheddar Cheese, Shredded	2 ounce	1	0.73
900784 Tomatoes, Diced	1/2 cup	1	3.00
000065 Carrots, raw w/ Dip (K-12)	1 Serving	1	13.44
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			267.63
% of Calories			46.8%
Weekly Nutrient Guideline			

**Thursday - 04/13/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000717 Steak Patty, breaded, WG	1 Serving	1	19.37
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900904 Mashed Potatoes (Pearls)	1/2 Cup	1	17.50
000206 Green Peas, frz., 1/2C	1/2 Cup Frz.	1	16.17
900950 Biscuit, southern Frozen, WG 1.2 oz	biscuit	1	15.00
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49



# Base Menu Spreadsheet

## Weighted Values

	Portion Size	Reimb Qty	Carb (g)
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			258.10
% of Calories			53.1%
Weekly Nutrient Guideline			

**Friday - 04/14/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900883 Pizza Cruncher	4 ea	1	41.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
000328 Corn, frz, 1/2 Cup	1/2 Cup	1	18.79
001098 Spinach Salad, bulk	8 oz	1	1.88
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			251.73
% of Calories			56.7%
Weekly Nutrient Guideline			

**Monday - 04/17/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900678 Pancakes, WG, 4" Bulk	2 Pancakes	1	31.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
000863 Sausage Pattie-1, ckd, 1.5 oz	1 Pattie	1	0.00
900584 Egg, Scrambled Square NK900584	serving	1	1.06
000597 Hash Brown Patty (1) NK597	Patty	1	14.17
000930 Juice Cup, frz, 4.4 oz Variety	1 cup	1	18.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			254.30
% of Calories			54.6%
Weekly Nutrient Guideline			

**Tuesday - 04/18/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
001036 Turkey & Cheese Hoagie, WW	1 Sandwich	1	42.65
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900590 Fries, French 3/8" crkl cut	1/2 cup	1	13.16
000042 Pickle, Dill, Spear	Spear	1	0.84
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			246.72
% of Calories			59.2%
Weekly Nutrient Guideline			

**Wednesday - 04/19/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000640 BEEF-A-RONI	3/4 CUP	1	13.12
000626 SB & J Sand. (2)	Sandwiches	1	28.00
000424 Green Beans, cnd	1/2 Cup	1	5.37
000738 Tossed Salad (1 Cup)	1 Serving	1	11.63
900064 Roll Dough, Dinner, WG 2oz 14018	2 oz. Roll	1	29.00
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			249.18
% of Calories			52.8%
Weekly Nutrient Guideline			

**Thursday - 04/20/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
000585 Hamburger Bun, WW	Bun	1	29.37
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900932 Roasted, Sweet Potato	77g	1	14.00
000016 Baked Beans	1/2 Cup	1	30.96
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

	Portion Size	Reimb Qty	Carb (g)
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			273.40
% of Calories			60.4%
Weekly Nutrient Guideline			

**Friday - 04/21/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000721 Pizza, Cheese, 4x6, WG	1 Slice	1	32.01
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
900702 Pizza, Pepperoni 4x6 rectangle	pizza	1	33.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
000328 Corn, frz, 1/2 Cup	1/2 Cup	1	18.79
000065 Carrots, raw w/ Dip (K-12)	1 Serving	1	13.44
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box,	box	1	88.98

# Base Menu Spreadsheet

## Weighted Values

Turkey & Cheese			
Weighted Daily Average			364.30
% of Calories			51.6%
Weekly Nutrient Guideline			

### Monday - 04/24/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900701 Pizza, Mozzarella Cheese Stick	2 Sticks	1	34.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900479 Broccoli Florets, stmd	1/2 Cup	1	5.34
000261 Carrots, buttered, 1/2 cup	1/2 Cup	1	7.17
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			236.57
% of Calories			56.7%
Weekly Nutrient Guideline			

### Tuesday - 04/25/2023

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900882 Beef Soft Taco	1 Taco	1	25.01
900125 Chicken Soft Taco	1 Taco	1	24.97
000626 SB & J Sand. (2)	Sandwiches	1	28.00
900011 Pinto Beans, (cheesy)	1/2 Cup	1	19.85
900260 Lettuce and Tomato (offered) (Pre-K-12)	Portion	1	2.33
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			262.23
% of Calories			48.9%
Weekly Nutrient Guideline			

**Wednesday - 04/26/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000812 Hamburger w/bun	1 Burger	1	30.07
000626 SB & J Sand. (2)	Sandwiches	1	28.00



# Base Menu Spreadsheet

## Weighted Values

900591 French Fries-straight	1/2 Cup	1	26.56
000016 Baked Beans	1/2 Cup	1	30.96
900098 Cheese Slices (2)	1 oz	1	1.01
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			278.66
% of Calories			54.8%
Weekly Nutrient Guideline			

Thursday - 04/27/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000721 Pizza, Cheese, 4x6, WG	1 Slice	1	32.01
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
900702 Pizza, Pepperoni 4x6 rectangle	pizza	1	33.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000626 SB & J Sand. (2)	Sandwiches	1	28.00
000328 Corn, frz, 1/2 Cup	1/2 Cup	1	18.79

# Base Menu Spreadsheet

## Weighted Values

000563 Broccoli, raw, florets (1/2 C)	1/2 cup raw	1	2.92
900951 Ranch Cup.Kens, 1.5 oz	1.5 oz	1	2.00
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
Weighted Daily Average			355.78
% of Calories			50.9%
Weekly Nutrient Guideline			

			Carb (g)
Weighted Averages			258.26
% of Calories			53.8%

- \*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \*** - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup>** - denotes required nutrient values
- <sup>2</sup>** - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.