

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

**Menu Name:** High School Lunch Menu

**Include Cost:** No

**Site:**

**Report Style:** Detailed

**Monday - 04/03/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900557 Corn Dog, Chicken	1 each	1	30.00
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900325 Potato Rounds	1/2 C	1	25.40
000016 Baked Beans	1/2 Cup	1	30.96
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad	Salad	1	51.76

# Base Menu Spreadsheet

## Weighted Values

(Cheese)			
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			847.39
% of Calories			47.9%
Weekly Nutrient Guideline			

**Tuesday - 04/04/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900886 Pull-Apart Cheese Filled Italian Bread	109g	1	32.00
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900479 Broccoli Florets, stmd	1/2 Cup	1	5.34
000261 Carrots, buttered, 1/2 cup	1/2 Cup	1	7.17
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70

# Base Menu Spreadsheet

## Weighted Values

000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			805.53
% of Calories			46.6%
Weekly Nutrient Guideline			

Wednesday - 04/05/2023

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
000585 Hamburger Bun, WW	Bun	1	29.37
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900591 French Fries-straight	1/2 Cup	1	26.56
900059 Black Eyed Peas, canned	1/2 Cup	1	22.37
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA	1 Salad	1	52.55

# Base Menu Spreadsheet

## Weighted Values

Ham) NK005			
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			848.32
% of Calories			47.5%
Weekly Nutrient Guideline			

Thursday - 04/06/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900376 Steak Nuggets	8 nuggets	1	16.00
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
000275 Macaroni and Cheese	2/3 CUP	1	20.44
000424 Green Beans, cnd	1/2 Cup	1	5.37
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			802.83
% of Calories			44.5%
Weekly Nutrient Guideline			

Friday - 04/07/2023

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900705 Pizza, Pocket pepperoni	pizza	1	32.00
000883 Fish taco	1 Sandwich	1	17.24
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
000328 Corn, frz, 1/2 Cup	1/2 Cup	1	18.79
001098 Spinach Salad, bulk	8 oz	1	1.88
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/	1 Salad	1	41.89

# Base Menu Spreadsheet

## Weighted Values

breaded chicken			
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			830.94
% of Calories			47.2%
Weekly Nutrient Guideline			

**Monday - 04/10/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000963 CHICKEN BITES, WG BRD (6)	6 EACH	1	21.00
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
000866 Potato Wedges, seasoned	1/2 Cup	1	30.57
000424 Green Beans, cnd	1/2 Cup	1	5.37
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00



# Base Menu Spreadsheet

## Weighted Values

000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			817.96
% of Calories			46.2%
Weekly Nutrient Guideline			

Tuesday - 04/11/2023

Reimbursable Meal Total 8000

# Base Menu Spreadsheet

## Weighted Values

	Portion Size	Reimb Qty	Carb (g)
900219 Deli Croissant !1 oz.), turkey	1 Sandwich	4000	7.07
001089 Deli Croissant (1 oz.), ham	1 Sandwich	4000	7.10
001014 PB & J, wrapped WG (2)	2 Sandwich	1	0.01
900545 Chips, Doritos Nacho Cheese	1 Bag	7000	17.50
900092 Carrots, baby, raw (K-5)	1/2 Cup	5000	3.65
000263 Fruit or Juice	1/2 Cup	6000	11.96
000591 Milk, 1% fat choc., Purity	8 oz. Carton	6000	17.62
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1000	1.62
000710 Chef Salad (Cheese)	Salad	1	0.01
000004 Chef Salad (Turkey) - NK004	1 Salad	1	0.01
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	0.01
000880 Chef Salad w/ breaded chicken	1 Salad	1	0.01
000812 Hamburger w/bun	1 Burger	1	0.00
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	0.00

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900117 Chicken patty, Breaded WM, WG	1 Patty	1	0.00
Weighted Daily Average			66.57
% of Calories			56.5%
Weekly Nutrient Guideline			

**Wednesday - 04/12/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900176 Chili Crisпитos, Chicken, WG, w/cheese sauce	2 crispito	1	40.55
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900011 Pinto Beans, (cheesy)	1/2 Cup	1	19.85
900097 Cheddar Cheese, Shredded	2 ounce	1	0.73
900784 Tomatoes, Diced	1/2 cup	1	3.00
000065 Carrots, raw w/ Dip (K-12)	1 Serving	1	13.44
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98

# Base Menu Spreadsheet

## Weighted Values

000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			927.57
% of Calories			45.9%
Weekly Nutrient Guideline			

Thursday - 04/13/2023

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
000717 Steak Patty, breaded, WG	1 Serving	1	19.37
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900904 Mashed Potatoes (Pearls)	1/2 Cup	1	17.50
000206 Green Peas, frz., 1/2C	1/2 Cup Frz.	1	16.17
900742 Roll, Whole Wheat, 2 oz	each	1	29.00
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA	1 Salad	1	52.55

# Base Menu Spreadsheet

## Weighted Values

Ham) NK005			
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			932.04
% of Calories			47.8%
Weekly Nutrient Guideline			

**Friday - 04/14/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000812 Hamburger w/bun	1 Burger	1	30.07
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900591 French Fries-straight	1/2 Cup	1	26.56
000016 Baked Beans	1/2 Cup	1	30.96
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
900157 Cole Slaw, Creamy - for hot dog menu	1/2 Cup	1	3.15
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			940.75
% of Calories			48.2%
Weekly Nutrient Guideline			

Monday - 04/17/2023

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900963 Pancakes, WG, 4" Bulk	3 Pancakes	1	46.50
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
000863 Sausage Pattie-1, ckd, 1.5 oz	1 Pattie	1	0.00
900584 Egg, Scrambled Square NK900584	serving	1	1.06
000597 Hash Brown Patty (1) NK597	Patty	1	14.17
000930 Juice Cup, frz, 4.4 oz Variety	1 cup	1	18.00
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
900921 Asst Fruit, canned	1/2 Cup	1	15.89
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad	Salad	1	51.76



# Base Menu Spreadsheet

## Weighted Values

(Cheese)			
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			929.74
% of Calories			48.0%
Weekly Nutrient Guideline			

**Tuesday - 04/18/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
001036 Turkey & Cheese Hoagie, WW	1 Sandwich	1	42.65
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900590 Fries, French 3/8" crkl cut	1/2 cup	1	13.16
000042 Pickle, Dill, Spear	Spear	1	0.84
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70

# Base Menu Spreadsheet

## Weighted Values

000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			906.66
% of Calories			48.6%
Weekly Nutrient Guideline			

**Wednesday - 04/19/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000640 BEEF-A-RONI	3/4 CUP	1	13.12
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
000424 Green Beans, cnd	1/2 Cup	1	5.37
000738 Tossed Salad (1 Cup)	1 Serving	1	11.63
900064 Roll Dough, Dinner, WG 2oz 14018	2 oz. Roll	1	29.00
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four	1 Slice	1	34.00

# Base Menu Spreadsheet

## Weighted Values

Cheese, pre-sliced, WG			
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			909.12
% of Calories			47.3%
Weekly Nutrient Guideline			

**Thursday - 04/20/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00

# Base Menu Spreadsheet

## Weighted Values

000585 Hamburger Bun, WW	Bun	1	29.37
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900932 Roasted, Sweet Potato	77g	1	14.00
000016 Baked Beans	1/2 Cup	1	30.96
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07

# Base Menu Spreadsheet

## Weighted Values

001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			933.34
% of Calories			49.1%
Weekly Nutrient Guideline			

### Friday - 04/21/2023

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000721 Pizza, Cheese, 4x6, WG	1 Slice	1	32.01
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
900702 Pizza, Pepperoni 4x6 rectangle	pizza	1	33.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
000328 Corn, frz, 1/2 Cup	1/2 Cup	1	18.79
001098 Spinach Salad, bulk	8 oz	1	1.88
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00

# Base Menu Spreadsheet

## Weighted Values

000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			776.71
% of Calories			47.5%
Weekly Nutrient Guideline			

**Monday - 04/24/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900701 Pizza, Mozzarella Cheese Stick	2 Sticks	1	34.00
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900479 Broccoli Florets, stmd	1/2 Cup	1	5.34
000261 Carrots, buttered, 1/2 cup	1/2 Cup	1	7.17

# Base Menu Spreadsheet

## Weighted Values

900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96



# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			896.51
% of Calories			48.0%
Weekly Nutrient Guideline			

**Tuesday - 04/25/2023**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
900882 Beef Soft Taco	1 Taco	1	25.01
900125 Chicken Soft Taco	1 Taco	1	24.97
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900011 Pinto Beans, (cheesy)	1/2 Cup	1	19.85
900903 Mexicali Corn	1/2 Cup	1	11.79
900260 Lettuce and Tomato (offered) (Pre-K-12)	Portion	1	2.33
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98

# Base Menu Spreadsheet

## Weighted Values

000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			933.96
% of Calories			46.6%
Weekly Nutrient Guideline			

Wednesday - 04/26/2023

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
000372 Pork, pulled	3 ounces	1	0.00
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900959 Baked Potato Bar	1 Potato	1	29.49
900479 Broccoli Florets, stmd	1/2 Cup	1	5.34
900098 Cheese Slices (2)	1 oz	1	1.01
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70
000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA	1 Salad	1	52.55

# Base Menu Spreadsheet

## Weighted Values

Ham) NK005			
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			885.85
% of Calories			45.7%
Weekly Nutrient Guideline			

Thursday - 04/27/2023

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
900508 CHICKEN BITES, WG BRD (8)	8 EACH	1	28.00
001014 PB & J, wrapped WG (2)	2 Sandwich	1	68.00
900904 Mashed Potatoes (Pearls)	1/2 Cup	1	17.50
900658 Mix, Gravy, Brown	serving	1	5.65
000206 Green Peas, frz., 1/2C	1/2 Cup Frz.	1	16.17
900742 Roll, Whole Wheat, 2 oz	each	1	29.00
900921 Asst Fruit, canned	1/2 Cup	1	15.89
900919 Asst Fruit, Fresh	1/2 cup	1	20.70

# Base Menu Spreadsheet

## Weighted Values

000591 Milk, 1% fat choc., Purity	8 oz. Carton	1	23.49
000230 Milk, plain, 1% fat, Purity	8 oz. Carton	1	13.00
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000857 Pizza, Cheese, Stuffed Crust, WG	1 Slice	1	36.00
000664 Pizza, Four Cheese, pre-sliced, WG	1 Slice	1	34.00
000280 Pizza, Mexican Fiestada, WG	1 Slice	1	41.00
000856 Pizza, Pepperoni (pork & beef), Stuffed Crust, WG	Slice	1	36.00
000544 Yogurt Parfait (9-12)	serving	1	111.56
900953 Charcuterie Box, Turkey & Cheese	box	1	88.98
000710 Chef Salad (Cheese)	Salad	1	51.76
000004 Chef Salad (Turkey) - NK004	1 Salad	1	85.17
000005 Chef Salad (USDA Ham) NK005	1 Salad	1	52.55
000880 Chef Salad w/ breaded chicken	1 Salad	1	41.89
000812 Hamburger w/bun	1 Burger	1	30.07
001021 Chicken Tenders, raw, WM, WG, secondary	4 oz. serving	1	0.00
000786 Chicken Patty, spicy, breaded, WM, WG	1 Patty	1	1.96

# Base Menu Spreadsheet

## Weighted Values

Apr 3, 2023 thru Apr 28, 2023

	Portion Size	Reimb Qty	Carb (g)
900117 Chicken patty, Breaded WM, WG	1 Patty	1	9.00
Weighted Daily Average			946.32
% of Calories			47.4%
Weekly Nutrient Guideline			

			Carb (g)
Weighted Averages			838.85
% of Calories			47.3%

- \*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \*** - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup> - denotes required nutrient values
- <sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.