

MARCH 2020

Middle School Menu

Daily Menu Offerings:

Variety of Sandwiches Hummus Dipper Milk (1% of Chocolate)

Variety of Salads Fruit & Yogurt Parfait

Monday

All-Beef Hot Dog Cod Nuggets Cheese Sticks Potato Rounds **Baked Beans** Peach Cup

Chicken Nuggets

Variety of Dipping Sauces

Mashed Potatoes w. Gravv

Garlic Toast Green Peas

Pineapple Chunks

Chicken, Beef and Cheese

Nachos

Tostitos

Seasoned Rice

Pinto Beans

Sliced Pears

Salsa

Corn Dog

Cod Nuggets

Potato Rounds

Baked Beans

Banana

Applesauce

Crispy Chicken Wings

Roll Fresh Orange Slices Cinnamon Apples Celery Sticks

Black Eve Peas

Green Beans

Tuesday

Mozzarella Cheese Sticks Potato Rounds **Baby Carrots** Applesauce

Banana Marinara Sauce Brownie

Turkey and Ham Croissant Cheese Slices Sun Chips

> **Baby Carrots** Spinach Salad Fresh Orange Slices Pear Slices Cookie

Sweet N' Sour Chicken Fruit & Yogurt Parfait Fried Rice Steamed Broccoli **Baby Carrots** Pineapple Chunks Carnival Cookie

Wednesday

Hamburger Patty With or Without a Bun Veggie Burger Cheese Slices Sweet Potato Fries Steamed Broccoli Sliced Pears

Breaded or Spicy Chicken Sandwich Straight Cut Fires Steamed Broccoli Peach Cup Pear Slices

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Hamburger or Veggie Burger Cheese Slices Straight Cut Fries Broccoli Slaw Applesauce Banana

Breaded or Spicy Chicken Sandwich Fruit & Yogurt Parfait Straight Cut Fries Green Beans Peach Cup Apple

Thursday

Fajita Chicken Tortilla Seasoned Rice Pinto Beans Toppings: Lettuce, Tomatoes, Jalapenos, Salas Mandarin Oranges Sliced Apples

> BREAKFAST for Lunch Eggs Mini Maple Pancakes Sausage Patty Hash browns Mixed Fruit Cup Apple and Orange Juice

Alfredo Pasta, meatless Chicken Strips Steamed Broccoli Spinach Salad Orange Slices Apple Slices Cookie

Grilled Cheese Sandwich Chili **Tossed Salad** Mini Saltines Mixed Fruit Cup Banana

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Friday

Pulled Pork Sandwich Tossed Salad Pasta Salad Corn Mixed Fruit Cup Chocolate Chip Cookie

Sloppy Joe on a Bun Corn Tossed Salad Applesauce Orange Apple Muffin

Breaded Country Steak Mashed Potatoes Gravy Roasted Vegetables Roll Pear Slices Satsumas Brownie

Beef Taco Boat Seasoned Rice Toppings: Lettuce, Tomatoes, Jalapenos, Black Olives, Salsa Chili beans Fresh Apple Sliced Peaches

Pudding Cup



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