

MARCH 2020

High School Menu

Variety of Sandwiches Variety of Pizza Fruit & Yogurt Parfait Chicken Tenders

Daily Menu Offerings:
Iwiches Variety of Salads
Hummus Dipper
Parfait Milk (1% of Chocolate)

Monday

All-Beef Hot Dog Cod Nuggets Cheese Sticks Potato Rounds Baked Beans Hushpuppies Peach Cup Crispy Chicken Wings

Black Eye Peas Green Beans Roll Fresh Orange Slices Cinnamon Apples Celery Sticks

Tuesday

Wednesday

Hamburger Patty With or Without a Bun Veggie Burger Cheese Slices Sweet Potato Fries Steamed Broccoli Sliced Pears Thursday

Failta Chicken

Fajita Chicken
Tortilla
Seasoned Rice
Pinto Beans
Toppings: Lettuce, Tomatoes, Jalapenos,
Salsa
Mandarin Oranges
Sliced Apples

Friday

Pulled Pork Sandwich Tossed Salad Pasta Salad Corn Mixed Fruit Cup Chocolate Chip Cookie

Chicken Nuggets
Variety of Dipping Sauces
Mashed Potatoes w. Gravy
Garlic Toast
Green Peas
Pineapple Chunks

Mozzarella Cheese Sticks
Potato Rounds
Baby Carrots
Applesauce
Banana
Marinara Sauce
Brownie

Breaded or Spicy Chicken Sandwich Straight Cut Fires Steamed Broccoli Peach Cup Pear Slices BF N

BREAKFAST for Lunch
Eggs
Mini Maple Pancakes
Sausage Patty
Hash browns
Mixed Fruit
Apple and Orange Juice

Sloppy Joe on a Bun Corn Tossed Salad Applesauce Orange Apple Muffin

Chicken, Beef and Cheese Nachos Tostitos Seasoned Rice Pinto Beans Sliced Pears Salsa Turkey and Ham Croissant
Cheese Slices
Sun Chips
Baby Carrots
Spinach Salad
Fresh Orange Slices
Pear Slices
Cookie

Hamburger or Veggie Burger 18 Cheese Slices Straight Cut Fries Broccoli Slaw Applesauce Banana Alfredo Pasta, meatless Chicken Strips Steamed Broccoli Spinach Salad Orange Slices Apple Slices Cookie

Breaded Country Steak
Mashed Potatoes
Gravy
Roasted Vegetables
Roll
Pear Slices
Satsumas
Brownie

Corn Dog Cod Nuggets Potato Rounds Baked Beans Banana Applesauce

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Sweet N' Sour Chicken
Fruit & Yogurt Parfait
Fried Rice
Steamed Broccoli
Baby Carrots
Pineapple Chunks
Carnival Cookie

Breaded or Spicy Chicken Sandwich Fruit & Yogurt Parfait Straight Cut Fries Green Beans Peach Cup Apple Grilled Cheese Sandwich
Chili
Tossed Salad
Mini Saltines
Mixed Fruit Cup
Banana

Beef Taco Boat
Seasoned Rice
Toppings: Lettuce, Tomatoes, Jalapenos,
Black Olives, Salsa
Chili beans

Fresh Apple Sliced Peaches Pudding Cup





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